


## Health & Wellbeing Board Sub Group Work Plan

10th May 2019

APPENDIX 3

<b>Name of Sub Group:</b>	Start Well Board	<b>Chair of Sub Group:</b>	Cllr Jane Baugh Executive Member for Children and Young People
		<b>Responsible Officers:</b>	Helen Gollins Public Health Consultant, Trafford Council Sarah Grant Partnerships and Communities Officer, Trafford Council

	Strategic Priority	Lead Officer	Actions for delivery	Expected Outcome	Timeline for delivery
<b>1</b>	<p><b>Healthy Weight</b></p> <ul style="list-style-type: none"> <li>Provide strategic leadership to ensure that Trafford is a place that creates an environment that supports healthy choices.</li> <li>Ensure that children, young people and their families receive appropriate support and interventions to achieve and maintain a healthy weight.</li> <li>Completion of the National Child Measurement Programme with above average uptake</li> <li>Documented service offer for children and families as being overweight, obese or underweight identified through the NCMP</li> </ul>	Helen Gollins Public Health, Trafford Council	Develop and implement a Healthy Weight Strategy for Trafford, which includes policy developments and impacts on the wider determinants of health, i.e. education, licensing and environment	<ul style="list-style-type: none"> <li>Prevalence of overweight and obese as measured by NCMP</li> <li>Reduction in levels of obesity and overweight children in reception and Year 6</li> </ul>	Meeting to discuss development of strategy and related policies to be arranged by Sept 2019.
<b>2</b>	<p><b>Physical Activity</b></p> <ul style="list-style-type: none"> <li>Provide strategic leadership to secure system change for physical activity and sport for children and young people.</li> <li>Ensure that children aged 0-4 have the best active start in life with physical literacy prioritised as a central feature of Start Well.</li> <li>Make Trafford the best place in England for children, young people and young adults aged 5-19 to grow up, developing their life chances through a more active lifestyle, with a focus on</li> </ul>	Louise Wright Partnerships and Communities, Trafford Council	Engage with Sports and Physical Activity Partnership to determine current activity and where the board could influence. Board to engage with the Leisure Strategy: specific workshop to be organised focusing on children and young people	<ul style="list-style-type: none"> <li>% of children aged 5-15 meeting national physical activity guidelines (At least 60 minutes (1 hour) of moderate to vigorous intensity physical activity (MVPA) on all seven days in the last week)</li> </ul>	31.03.20

Strategic Priority	Lead Officer	Actions for delivery	Expected Outcome	Timeline for delivery
reducing inequalities.			<ul style="list-style-type: none"> <li>% of Trafford children aged 2-15 who are active or fairly active</li> </ul>	
<b>3 Improving mental wellbeing and resilience (including Adverse Childhood Experiences)</b> <ul style="list-style-type: none"> <li>Provide strategic leadership to support good mental health and improved resilience amongst our 0-19 year's population.</li> <li>Oversee the delivery of the Local Transformation Plan for Child and Young People's Mental Health &amp; Wellbeing</li> <li>Provide strategic leadership to support workforce development which aims to up-skill the workforce in areas of mental health and emotional wellbeing</li> </ul>	Claire Ball Commissioning, Trafford Council  Helen Gollins Public Health, Trafford Council	 CYP Mental Health Update.docx  <ul style="list-style-type: none"> <li>Oversee the delivery of the Local Transformation Plan once signed off in June 2019</li> <li>Start Well Board members responsible for ensuring frontline staff attend training e.g. Youth Mental Health First Aid training between June and September 2019</li> </ul>	<ul style="list-style-type: none"> <li>Hospital admissions as a result of self-harm (10-24 years)</li> <li>% of children and young people screened for Childhood Experiences in education, health and social care assessments</li> <li>Improved waiting times for mental health services for children and young people</li> </ul>	31.03.20
<b>4 School Readiness</b> <ul style="list-style-type: none"> <li>Provide strategic leadership to secure system change for improving rates of school readiness across Trafford.</li> <li>To increase the number of children who are ready for school and to reduce the gap between all children and children who receive free school meals.</li> <li>To meet or exceed the national average for the proportion of children reaching a 'good level of development' by the end of reception</li> </ul>	Karen Samples Children's Services, Trafford Council	Develop and monitor a Trafford Readiness to School Action Plan and place based focus locality plans.  A robust, multiagency, School Readiness plan for Trafford Borough and specific place based plans for North Locality and	<ul style="list-style-type: none"> <li>Increase the number of children who are ready for school</li> <li>Reduce the gap between all children and children who receive free school meals</li> </ul>	31.03.20

	Strategic Priority	Lead Officer	Actions for delivery	Expected Outcome	Timeline for delivery
			Partington are being implemented and monitored. Objective is to improve the proportion of children who are school ready and reduce the inequalities by 2023.		
5	<b>Contribution to HWB Priorities</b> <ul style="list-style-type: none"> <li>To reduce alcohol related harm</li> </ul>	Helen Gollins Public Health, Trafford Council	To work with the commissioned provider to review alcohol related admissions for young men aged under 18 years in Trafford and develop an action plan to halt and reduce this trend'.	<ul style="list-style-type: none"> <li>Alcohol related admissions for males aged under 18 years reduces.</li> </ul>	31.03.20

